



Corporate Wellness

Service Catalogue



The Problem

“

Many organisations invest in employee wellness, yet participation remains low and health outcomes often show little improvement.

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Challenges:



Wellness initiatives conducted only once or twice a year



Low employee engagement and participation rates



Lack of preventive healthcare awareness



Difficulty managing multiple wellness vendors



Remote and hybrid employees missing out on wellness programs



Increased absenteeism, stress and lifestyle related health risks

The Solution:



Transform one-time wellness activities into a continuous, measurable employee health program.



Benefits:



Year-round wellness programs with monthly health activities, screenings, awareness sessions and preventive interventions.



Engagement-driven programs using campaigns, health challenges, interactive sessions, reminders and participation tracking.



Regular health awareness & preventive screening programs focused on early detection, healthy lifestyles and risk reduction.



Single-window wellness management with one partner coordinating health checkups, vaccinations, training, counselling and wellness activities.



Key Offerings

Under Our Service

Corporate Wellness



On site
Wellness programs



Online
wellness programs



Vaccination drive



Workshop

Ergonomics,
Yoga



Health Talk

Women Hygiene



Wellness Fest

Multispeciality
Doctor Consultation



Webinars

Nutrition, Hygiene,
Health



Doctor
Consultation

on nutrition,
lifestyle and etc.



Onsite



At Home



Industry Specific
vaccination

What Our Clients Say

About Us



“ VMEDO’s corporate wellness programs have truly transformed the health culture in our organization. The sessions were engaging, impactful and well-organized. We’ve seen a noticeable **improvement in employee participation and overall well-being.** ”

 HR Manager | Manufacturing



“ The wellness initiatives conducted by VMEDO were **well-structured and tailored to our employees’ needs.** From health talks to screenings and fitness activities, everything was seamless and professionally handled. ”

 EHS Manager | Automotive



“ We would like to extend our heartfelt thanks to you and your team for your outstanding contributions during Wellness Week. The feedback we received was overwhelmingly positive, with many employees happy the **high quality and informative consultation** led by the doctors. Your team’s dedication and effort were truly appreciated and made a significant impact. ”

 HR Lead | IT Services

CLIENTELE

Trusted by leading organizations
across diverse industries
to build healthier workplaces.





THANK YOU!

Together, we create
healthier workplaces.



Let's stay connected!



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Committed to
Quality & Safety



Focused on
Employee Well-being



Driving a Healthier,
Safer Tomorrow

